



Test & Training



dnaskin® is a genetic test that offers insight into key areas that influence skin health, offering personalised topical, nutraceutical, diet, and lifestyle recommendations for improved outcomes.



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dnaskin®

Modules Included:

- An overview of the science, personalised healthcare, and gene-environment interactions in the context of skin health.
- Biological areas included in DNA Skin: The relevance to major skin concerns, the genes and gene variants involved, the evidence-based, targeted interventions to support each area biological area - including diet, nutraceutical, lifestyle, and topical support.
- DNA Skin case studies: real-world examples.
- You will also gain access to supporting scientific literature that is provided as recommended reading per module, and downloadable slides in pdf format. Test your knowledge of the material by completing the multiple choice questions at the end of each module.



Your Educators:



Dr Samantha Baron

PhD in Genetics and Biochemistry, MBA in Business Management specializing in innovation



Helen Gautschi

RD (SA)